

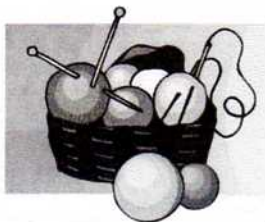
**Happy Birthday  
Angels !!!**



**AH Donations**

The donations for the end of October included:

Best Start - 26 sets, Credit Valley Adult Oncology, 85 hats, Trillium Adult Oncology 84 hats, C.V. pediatric oncology - 221 hats



Keep up the good work!!!

 **Smiles &  
Giggles**

- Q. Why did the child study in the airplane?
- A. He wanted a higher education.

**? Now You Know ?**

Actress and comedian Tracey Ullman learned to knit as a

child. Her mother (who is a dressmaker and not a knitter) taught her how to purl, so her projects were simple things like scarves and squares. "I never could ask anybody because there was no one to ask in England. It was weird. You went in to a shop that sold yarn, and if you asked they'd say, 'Don't you know dear, you must ask your mother.'"

Three years ago she "walked into Clark's Santa Monica store after having finally overcome her fear of needles." Ullman and the owner of Clark's, Mel Clark, have now published their book, *Knit 2 Together*. They were in Toronto Sept. 30 to sign and promote their book and to visit the Textile Museum.

To quote the article published by the Toronto Star, Clark (who is from New Zealand) "agrees that knitting is the perfect television-watching activity for those of us who feel guilty ... if we're not making ourselves useful every moment of every day." "I feel quite strange if I'm just sitting doing nothing. In New Zealand it's that kind of work ethic. You always have to be doing something. It is a good way of feeling less guilty about doing nothing."

Tracey Ullman has had some strange reactions to knitting in public.

"People think it's hilarious when they see me knitting. They think it's some kind of joke. They think I'm always going to do something odd. But I really *do* like this."

**Celebrities who  
(allegedly) knit:**

Madeleine Albright, Karen Allen, David Arquette, Russell Crowe, Rosario Dawson, Cameron Diaz, Dakota Fanning, Jennie Garth, Daryl Hannah, Goldie Hawn, Felicity Huffman, Iman, Eartha Kitt, Ricki Lake, Laura Leighton, Madonna, Julianna Margulies, Andrea Martin, Rose McGowan, Kate Moss, Julianne Moore, Bridget Moynahan, Megan Mullally, Sarah Jessica Parker, Rosie Perez, Julia Roberts, Portia de Rossi, Winona Ryder, Meryl Streep, Hilary Swank, Courtney Thorne-Smith, Vanna White, Joanne Woodward and Tracey Ullman

Article "No Fear of Needles for knit wit Ullman" from **Malene Arpe**, Pop Culture Writer, The Toronto Star.

*Thank you Judy for providing the article!*



Happy Birthday!

Bharati B – Nov 8
Carissa B – Nov 14
Kay C – Nov 11
Caryl P – Nov 6

Start Date Anniversary

NOVEMBER

2000 – Kay C
1998 – Doreen D
2004 – Annette J
1998 – Rita K
2004 – Mala L
1998 – Rosanne L
2005 – Debbie R
2002 – Rena W

October Meeting Contributors



Jenny B and Phyllis F provided snacks. Judy R donated the door prize.

Angelic Recipe

Cream Of Broccoli Soup

A great Cream Of Broccoli Soup recipe.

Ingredients:

- 3 tbsp. butter
1 sm. chopped fine
1 clove garlic, fine chopped
3 tbsp. flour
2 cans (13 3/4 oz.) chicken broth
1/2 c. water
2 boxes frozen broccoli or 4 c. fresh chopped broccoli
1/4 tsp. thyme
1/4 tsp. pepper
1 c. heavy cream
1 1/2 c. white cheddar cheese, shredded
Sliced cherry tomato for garnish

Directions:

Melt butter. Add onion and garlic, sauté until transparent. Sprinkle flour into sauté, cook for 3 minutes. Add broth and water. Bring to a boil. Reserve 1 cup broccoli florettes. Add balance of broccoli to blender. Chop until fine.

Add chopped broccoli and spices to broth mixture. Bring to boil. Add cream, stir in florettes and bring to boiling point and let set 2 to 5 minutes.

Preparation time: 30 to 40 minutes. Serves: 6 to 8.

A Reminder about Ultra Mart, A&P & DOMINION SLIPS

\$38,923.78 has been collected which means we have approximately \$86.

Also as the end of December 2006 this program is being discontinued, so until then please keep collecting those cash register receipts ladies! You're doing a great job!!

Thoughts & Inspirations

"If we are willing to learn our lessons gently, they patiently await us in countless ways. Today, try listening to the wisdom of a child; accepting the kindness of a friend; reaching out to those in need; acting on your intuition." - Sarah Ban Breathnach

If you have any ideas or suggestions for the newsletter, please email Annette P at info@angelhugs.ca Please put "Angel Hugs" in the subject line.

