



Happy St. Patrick's Day (March 17th)

AH Donations

The donations for the end of January were 34 Best Start baby sets and a variety of other items.

Great work and thank you for your generosity.

Please note that this months donations will count towards next years VA points. Please bring your donations next month as usual.

? Now You Know ?



Why do we say "Every cloud has a silver lining?"

"Every cloud has a silver lining" originated in a poem written in 1634 by John Milton. Milton tells of a young woman who becomes lost and alone in the woods after being separated from her two brothers. As night falls, her terror is lifted and her prayers answered when she sees a dark cloud turn its bright side down to guide her and says:

"There does s sable cloud turn forth her Silver Lining on the night."

And now you know.
Author: Doug Lennox



 **Smiles & Giggles**

You know it is time to reassess your relationship with your computer when....



1. You wake up at 4 O'clock in the morning to go to the bathroom and stop to check your email on the way back to bed.

2. You turn off your computer and get an awful empty feeling, as if you just pulled the plug on a loved one.

3. You decide to stay in college for an additional year or two, just for the free internet access.

4. You laugh at people with 28.8 modems.

5. You start using smileys :-) in your snail mail.

6. You find yourself typing "com" after every period when using a word processor.com

7. You can't correspond with your mother because she

doesn't have a computer.

8. When your email box shows "no new messages" and you feel really depressed.

9. You don't know the gender of your three closest friends because they have ondescript screen name and you never bothered to ask.

10. You move into a new house and you decide to "Netscape" before you landscape.



11. Your family always knows where you are.

12. In real life conversations, you don't laugh, you just say "LOL, LOL".

13. After reading this message, you immediately forward it to a friend!

February Meeting Contributors

Door Prize provided by:
Bonita B.
Won by: Kay B.



Snacks provided by: Ada G. and Annette P.



Angelic Recipe

Potato Soup



The basis of a good soup - especially a simple soup such as this - is a good stock. The soup should be made with a white stock, that is, water in which a chicken, ham or bacon has been boiled. Alternatively, stock can be made from a ham bone or chicken carcass boiled with a few root vegetables and herbs as available, and an onion. The stock should be drained, allowed to cool and the fat removed from the surface.

- 6 medium potatoes
2 medium onions
3pt/ 1/2 l/ 6 cups stock or milk and water mixed
1tbsp butter
parsley
salt and pepper
(serves six)

Peel and dice the potatoes and chop the onions. Melt the butter and gently cook the onions and potatoes in a covered saucepan until soft but not coloured. Add the liquid, adjust the seasoning to taste, sieve if wished and serve in bowls decorated with a little chopped parsley

From the Appletree Press title: A Little Irish Cookbook.

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- Ada G. - March 4
Rosanne L. - March 15
Carole V. - March 18



Start Date Anniversary

MARCH

- 2003 - Claudette D.
2003 - Marie R.
2004 - Nainsi R.
2004 - Judi R.

Welcome New Members!



Sharon D.

We hope you'll enjoy your volunteer work with us and meet many new friends!

A Reminder about Ultra Mart, A&P & DOMINION SLIPS

\$32,776.05 has been collected which means we have approximately \$72.00

Unfortunately, Food Basics receipts are no longer accepted.



Keep collecting those cash register receipts ladies! You're doing a great job!!

Thoughts & Inspirations

Please keep in prairs Madeleine S. as she is having a hip replacement in March. Good luck and speedy recovery.



If you have any ideas or suggestions for the newsletter, please email Annette P. at info@angelhugs.ca Please put 'Angel Hugs' in the subject line.



LUCK O' THE IRISH