



AH Donations

The donations for the end of January were 16 Best Start baby sets, 8 Premie Baby set and a variety of other items.

Great work and thank you for your generosity.



Smiles & Giggles

DID YOU KNOW???

It is estimated that one billion Valentine cards are sent each year. This makes Valentine's Day the second largest card sending holiday. (The first being Christmas with 2.6 billion cards)

Women purchase approximately 85% of all Valentines.

Valentine's Day is celebrated in Canada, United States, Mexico, the United Kingdom, France and Australia.

The first commercial Valentine's Day greeting cards

to be produced in the U.S. were created by Esther A. Howland in the 1840's and were created with real lace, ribbons and colourful pictures.

Now you know!!!



January Meeting Contributors

Door Prize provided by: Joyce M. Won by: Patricia L.

Snacks provided by: Claudette B. and Rita K.

KNIT WITS



The January 8, 2006 edition of the Toronto Star featured an article on the popularity of knitting in Toronto. To quote the Star, "Home to dozens of designers, knitting authors and websites, the city is already claiming title as the craft's unofficial capital."

A designer, Lynda Gemmell said, "It's because you have such a strong art and design element in Toronto. You're not talking about grandma knits."

Filmmaker Andrea Dorfman (also a knitter) is a partner in a knitting club that started three years ago and has grown to a permanent cafe. Now in it's second year, it is called The Knit Café.

The Star says, "Dorfman figures the boom in knitting is all about "getting in touch with the 'slow movement'," an antidote to a busy world."

"This is a place where we can have time out and we can really get away from it all. It's a really meditative thing", says Dorfman.

The Knit Café is planning to publish a knitting map of Toronto. This will list dozens of yarn shops as well as related venues, such as the Textile Museum of Canada.

The Star says, "Knitters, you see, are nothing if not evangelical. 'There is no life without it', says Scott, author of Canada Knits. 'We feel sorry for people who don't knit. We just don't know how they can make it through life'."

From The Toronto Sun, Article by Kenneth Kidd





Angelic Recipe
Chocolate Pecan Kisses

- 3 Egg whites
- 1/4 ts Cream of tartar
- 3/4 c Granulated sugar
- 1/2 c Finely chopped pecans or walnuts
- 1/4 c Sifted unsweetened cocoa powder
- 1/2 ts Vanilla
- 1 pn Salt

Beat egg whites with cream of tartar until soft peaks form. Gradually beat in sugar until stiff glossy peaks form.

Fold in pecans, cocoa powder, vanilla and salt.

Spoon into pastry bag fitted with 1/2 inch tip. Pipe 1- inch kisses, about 1-1/2 inches apart, onto lightly greased baking sheets.

Bake in 250F oven for about 45 minutes or until outside is firm but inside is slightly soft.

Let cool on racks.

Store at room temperature, covered with plastic wrap, for up to 5 days.



- Jessie M. – Feb 7
- Don M. – Feb 7
- Rena W. – Feb 23



Start Date Anniversary

Phyllis F. joined in January 2003 (Apologies for missing your anniversary)

- Feb 2003 – Rhonda C.
- Feb 1999 – Bonita B.
- Feb 2002 – Joanna G.
- Feb 1999 – Joan O.

Welcome New Members!



Janet S.

We hope you'll enjoy your volunteer work with us and meet many new friends!

A Reminder about Ultra Mart, A&P & DOMINION SLIPS

\$29,759.93 has been collected which means we have approximately \$66

Unfortunately, Food Basics receipts are no longer accepted.

Keep collecting those cash register receipts ladies! You're doing a great job!!

Thoughts & Inspirations

✝ Please keep Doreen D. in your thoughts and prayers, her grandson passed away December 21 after a battle with cancer.

If you have any ideas or suggestions for the newsletter, please email Annette P. at info@angelhugs.ca Please put "Angel Hugs" in the subject line.

