



**APRIL SHOWERS
BRING MAY
FLOWERS!**



**Happy Volunteer
Appreciation Day!!**

AH Donations

The donations for the end of January were 24 Best Start baby sets and a variety of other items.



**Great work
and thank you
for your
generosity.**

? Now You Know ?



**Why is happiness
referred to as "seventh
heaven" or "cloud nine"?**

"An ancient Jews believed that the highest heaven, or "heaven of heavens," and the home of God and his chosen

angels was the seventh heaven. The Moslems agreed that the seventh heaven was the pinnacle of ecstasy. "Cloud nine" was coined by the U.S. weather bureau and means "as high as clouds can get," or between thirty and forty thousand feet. Its meaning as a euphoric state came about in the 1950s."

And now you know. ☺
Author: Doug Lennox

**SPRING
CLEANING TIPS**



Place upbeat music on to keep you active and on task!

To clean in crevices around faucets, apply a small amount of cleaner to an old toothbrush.

Wash walls from the bottom up to avoid streaking.

When you dust, start at the top and work down.

Don't mix cleaning products. **Ammonia and bleach are toxic.** (Common cleaners such as Windex and comet meet this don't do rule).

Allowing cleaners to set for several minutes will ease the cleaning job.

Wall cleaner: Mix 1/2 c. ammonia, 1/4 c. white vinegar, and 1/4 c. baking soda to 1 gal. warm water.

Make your own spray cleaner. Fill a spray bottle with 3 tablespoons ammonia, 1 tablespoon of vinegar & the remainder with water.



Shine windows using old newspaper.

Dry windows outside in one direction. Then dry windows inside in the other direction. If you see a streak, you will know which side is the offender.

Clean windows on an average temperature, preferably overcast day to avoid streaks.

Window and Glass Cleaner
While there is nothing unique about this recipe... it works!
Newspaper, vinegar and elbow grease!

To clean the shower, use a solution of 1/2 cup vinegar, 1 cup ammonia, and 1/4 cup baking soda added to one gallon of warm water.



Running the shower on hot for five minutes will loosen the dirt.

Drain Opener

A plunger will usually do the trick. If not, try this recipe.

- 125 ml vinegar (white)
- 125 ml baking soda
- 6 cups boiling water



Pour the soda and vinegar down the drain. Leave for 15 – 20 minutes. Pour in the boiling water.

Descaler; One part vinegar with two parts water is all you need to clean your kettle and iron.

Kettle: Pour into the kettle, bring to a boil, rinse well.

Iron: Put some in the reservoir, let it for 30 minutes then rinse well.

April Meeting Contributors

Door Prize provided by:
Esperanca F.N. P.
Won by: Carol V.

Snacks provided by:
Bev D. and Debbie R.



Lacy Stitch Pattern (from Joan D.)

Pattern is 12 sts. + 1

1st row: K1, *YO, K4, slip 1, K2 tog, pssso, K4, YO, K1 * Repeat from * to * to end.

2nd row: Knit

Example: Approx. 30" blanket is 121 sts. with knitting worsted. Size 6½ mm to 7 mm needles.



Edith B. – April 7



Start Date Anniversary

APRIL

- 1999 – Marianne W.
- 2001 – Bev D.
- 2003 – Geraldine F.

A Reminder about Ultra Mart, A&P & DOMINION SLIPS

Keep collecting those cash register receipts ladies! You're doing a great job!!

Thoughts & Inspirations

† Congratulations to Shelley G. on the birth of her beautiful baby girl, Samantha Emily Grace. Born March 7, 8lbs 5oz and 21.5" long.



If you have any ideas or suggestions for the newsletter, please email Annette P. at info@angelhugs.ca Please put "Angel Hugs" in the subject line.



HAPPY EASTER EVERYONE!

