



AH Donations

The donations for the end of September were 61 sets - donated to Best Start.



Nov 11 is Veterans Day – don't forget your poppy.

The symbol of the poppy.

Each November, millions of poppies blossom in Canada. They blossom on the jackets, dresses and hats of nearly half the Canadian population and they have blossomed over 80 years, since 1921. The poppy is the symbol that individuals use to show that they remember those who were killed in the wars and peacekeeping operations that Canada has been involved in.



Joke from the Sept/Oct 2005 issue of voice for Health, which was in Dr. Ken Peever & Dr. Scot Caven Chiropractic office (905) 828-2014

I FLUNKED THE ENTRANCE EXAM

I don't know nothin' bout computers, so I figured I'd apply for one of them there correspondence courses. They wanted to check my aptitude and gave me this here "term definition" test. I can't figure out why I flunked it! You check my answers:

- 1) LOG ON: Make the stove hotter
- 2) DOWNLOAD: Getting the firewood off the truck
- 3) MEGA HERTZ: When yer not careful getting the firewood
- 4) FLOPPY DISC: Watcha git from tryin to carry too much firewood
- 5) HARD DRIVE: Getting home in the winter time
- 6) PROMPT: What the mail ain't in the winter time
- 7) BYTE: What them dang flies do
- 8) MODEM: What cha did to the hay fields
- 9) DOT MATRIX: Old Dan Matrix's wife
- 10) RANDOM ACCESS MEMORY: When ya can't remember what cha paid fer the outboard motor when yore wife asks.

Links To Explore

- www.legion.ca to learn more on Veterans Day & the poppy.
- www.lionbrand.com
- www.spinriteyarns.com

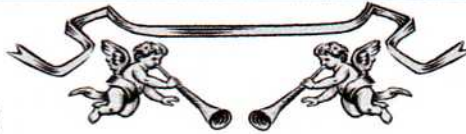
Angelic Recipe

Hash Brown Potatoes

1 can cream of chicken soup
1 cup cheddar cheese, grated
1/2 cup sour cream
1/4 cup chopped onions
1/4 cup chopped parsley
(optional)
1 pkg. hash brown potatoes

3 cups crushed corn flakes
1/3 cup melted butter

Mix soup, cheese, sour cream, onion and parsley into a large bowl. Add hash brown potatoes and mix well. Put into an 8" x 10" baking dish. Add crushed corn flakes to melted butter and stir until flakes are well coated. Spoon evenly on top of potatoes. Bake in a 350F oven for one hour.



? Now You Know ?

How is "the full monty" related to "three-card monte"?

"The full monty," popularized as a movie title, is a British expression meaning "The whole thing." It came from illegal gambling, where the huge pot of a high stakes game was called the *monty*, from the Spanish word for mountain, which is *monte*. To win the monty meant you had won a mountain of money. Three-card monte, an illegal con game, has the same Spanish origin and refers to the same thing.

And now you know. ☺

Author: Doug Lennox

Welcome New Members!



Terri K.
Judie T.

We hope you'll enjoy your volunteer work with us and meet many new friends!

Announcement

Please congratulate **Filomena S.** on her new position of Meeting Setup Coordinator. We appreciate all your hard work. Thank you.

HAPPY BIRTHDAY to:



Caryl P. – Nov 6

Kay C. – Nov 11

Janet M. – Nov 11

Carissa B. – Nov 14

Marie R. – Nov 28

Happy Start Date Anniversary



1998 – Rosemary L.

2000 – Kay C.

2002 – Rena W.

2004 – Annette J.

2004 – Mala L.

A Reminder about Ultra Mart, A&P & DOMINION SLIPS

\$ 11,228.29 has been collected which means we have approximately \$ 24.00

Unfortunately, Food Basics receipts are no longer accepted.

Keep collecting those cash register receipts ladies! You're doing a great job!!

Thoughts & Inspirations

Please keep Jackie L. in your thoughts and prayers, her sister Gisele G. passed away recently

If you have any ideas or suggestions for the newsletter, please email us (Annette P. or Claudette D.) at info@angelhugs.ca



October Meeting Contributors

Door Prize provided by: Eleanor D.

Won by: Joyce M.

Snacks provided by: Marie R. and Rosanne L.